

Honour based violence- Living at home

To

Thank you for sharing (Insert summary of disclosure), I would like to reassure you that you have a range of options and support services available to you. As you are living at home, we understand that it is incredibly difficult for you.

We would advise that you contact [Karma Nirvana](#) who recommend that;

- You do not leave the country with a family member*
- If you are at risk of being taken against your will grab a spoon.*

The university will also offer you support, which will aim to work with other agencies to keep you safe. You can [book an appointment here](#). This appointment is with a DAI adviser who will do an initial assessment with you.

Further information is available on our [online reporting tool website](#).

Kind regards